Thank you for supporting our Market and Ontario farmers

HELP PREVENT COVID-19

You are welcome at our Market if you:

• Have no symptoms (fever, cough, runny nose, sore throat or shortness of breath).
• Have not travelled outside of Canada in the past 14 days.
• Have not been in close contact with a confirmed or probable case of COVID-19.

Please remember to practice social distancing and keep 2-meter (6 feet) space between you and others.

Please keep your social distance

• Social distancing means keeping 2 metres apart from others

Please wash your hands before you begin shopping and again if you handle cash, cough, sneeze, blow your nose or touch your face.

Try to make your purchases as quickly as you can.

Do not touch the products - ask the vendor to chose them and package them for you.

FarmersMarketsOntario.com
Coronavirus Disease 2019 (COVID-19)

How to wash your hands

1. Wet hands with warm water.
2. Apply soap.
3. Lather soap and rub hands palm to palm.
4. Rub in between and around fingers.
5. Rub back of each hand with palm of other hand.
6. Rub fingertips of each hand in opposite palm.
7. Rub each thumb clasped in opposite hand.
8. Rinse thoroughly under running water.
10. Turn off water using paper towel.
11. Your hands are now clean.

Wash hands for at least 15 seconds.
How to use hand sanitizer

1. Apply 1 to 2 pumps of product to palms of dry hands.
2. Rub hands together, palm to palm.
3. Rub in between and around fingers.
4. Rub back of each hand with palm of other hand.
5. Rub fingertips of each hand in opposite palm.
6. Rub each thumb clasped in opposite hand.
7. Rub hands until product is dry. Do not use paper towels.
8. Once dry, your hands are clean.

Sources:

The information in this document is current as of March 16, 2020.